

# Co-curricular Handbook Term 2 | 2024

# Welcome to

## our Co-Curricular Program

Students at Hunter Valley Grammar School thrive in a wide range of region-leading co-curricular activities and clubs.

The School provides a comprehensive co-curricular program, which involves students in a variety of exciting sporting, academic, artistic, cultural and recreational endeavours.

This handbook summarises the co-curricular opportunities available to students K - 12. New clubs, and activities may be added from time-to-time throughout the year, parents will be notified of these new offerings via our communication channels.

#### Co-curricular Handbook

Following you will find a brief description of each activity. All confirmed details will be included. As the year progresses more information may be confirmed and added to the handbook.

You will also find a timetable of activities for the upcoming term. The timetable is separated into activities for students in Early Learning Centre through to Year 6 and Year 7 – Year 12.

Participation in after school co-curricular activities requires all Junior School students to register with TeamKids. Any Junior School students not promptly collected from after school activities will be escorted to TeamKids for supervision.

Note: All activities within the Co-curricular Handbook are correct at the time of writing. Last updated: March 2024



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# **Term 2 Junior School Timetable**

Activity	Time	Cost	Years	Enrol	Max
Monday	Time	0031	1 Cars	Lilloi	IVIAX
Music: Jazz Train	7:50am-8:50am		5-7	Music Admin	
Code Club	Lunch		4-6	Parent Lounge	25
Tennis: Monday K & Y1	3:15pm-4pm	\$70	K-1	Parent Lounge	15
Young Engineers: Y1 - 6	3pm-4:30pm	\$245	1-6	External Link	14
Young Engineers: Kindergarten	3pm-4:30pm	\$245	K	External Link	14
		Ψ243			
Library Club Monday Y4-6	3:15pm-4:15pm	¢400.50	4-6	Parent Lounge	25
Sensory Art ELC-Y3	3:15pm – 4:15pm	\$162.50	ELC-3	External Link	
Netball Training – U10 + U11	3pm-4pm			Closed	
Netball Training – Intermediate +	4pm-5pm			Closed	
Cadets	4.45 5.45	#400 #400		1	
Tennis: Green Ball	4:15pm-5:15pm	\$100-\$120		Invitation	
Development/Advanced					
Tuesday	7.50 0.00		14.5		
Music: Marstringbo String Ensemble	7:50am-8:30am		K-5	Music Admin	
Football (soccer) Training – U6 +U8	3pm-4pm			Closed	
Music: Senior String Ensemble	3pm-4:30pm		5-12	Music Admin	
Music: Symphony Orchestra	3pm-4:30pm (Sele	ctive	5-6	Music Admin	
	Tuesdays)				
Drama Club: Y1-3	3:10pm-4pm		1-3	Parent Lounge	16
Drama Club: Y4-6	3:10pm-4pm		4-6	Parent Lounge	16
Running Club	3:15pm-4:15pm		3-6	Parent Lounge	20
Tennis: Tuesday Y2 & 3	3:15pm-4pm	\$90	2-3	Parent Lounge	15
Tennis: Tuesday Green Ball	3:15pm-4:15pm	\$90	4-6	Parent Lounge	10
Competition					
Library Club Tuesday Y4-6	3:15pm-4:15pm		4-6	Parent Lounge	25
Homework Club Y1-3	3:15pm-4pm		1-3	Parent Lounge	20
Aerobics: Representation Squad –	3:15pm-4:15pm	\$660	1-6	Selection	
Junior School					
Youth Art Program Y2-Y6	3:15pm – 4:30pm	\$246	2-6	External Link	
Football (soccer) Training – U11	4pm-5pm			Closed	
Tennis: Tues Orange Ball	4:15pm-5:15pm	\$100-\$120		Invitation	
Development/Advanced					
Wednesday					
Music: Choir – K-2	7:50am-8:30am		K-2	Music Admin	
Chess Club YK-2	Lunch	\$148.50	K-2	External Provider	
Scratch Jr Club: Y1	Lunch		1	Parent Lounge	20
Music: Upbeat Percussion	3pm-4pm		4-6	Music Admin	
Football (soccer) Training – U11 girls	3:15pm-4:15pm			Closed	
Library Club Wednesday Y4-6	3:15pm-4:15pm		4-6	Parent Lounge	25
Tennis: Wednesday Orange Ball Comp	3:15pm-4:15pm	\$90	3-4	Parent Lounge	11
Sensory Art ELC-Y3	3:15pm – 4:15pm	\$185	ELC-3	External Link	-
Chess Club – Y3-6	3pm-4pm	\$148.50	3-6	External	
				Provider	

Thursday					
Music: Choir – 3-6	7:50am-8:30am		3-6	Music Admin	
Music: Guitar Ensemble	10:45am-		3-6	Music Admin	
	11:15am				
Debating Junior Y5-6	Lunch		5-6	Closed	
Bloxels Club: Digital game design	Lunch		3-6	Closed	50
Knitting Club Yr 3-6	Lunch		3-6	Parent Lounge	20
Wetlands Group Y1-6	Lunch		1-6	Parent Lounge	15
Football (soccer) Training – U7+U9	3pm-4pm			Closed	
STEAM Club Y1-6	3:15pm-4pm		1-6	Parent Lounge	20
Tennis: Thursday - K- Y1	3:15pm-4pm	\$90	K-1	Parent Lounge	15
Tennis: Thursday - Y4 - 6	3:15pm-4pm	\$90	4-6	Parent Lounge	20
Aerobics: Representation Squad –	3:15pm-4:15pm	\$660	1-6	Selection	
Junior School					
Library Club Thursday Y4-6	3:15pm-4:15pm		4-6	Parent Lounge	25
Football (soccer) Training – U13	3:15pm-4:15pm			Closed	
Football (soccer) Training – U10	4pm-5pm			Closed	
Tennis: Red Ball	4pm-5pm	\$100-\$120		Invitation	
Development/Advanced Squad					
Friday					
Music: Concert Band + Le Petit Toot	7:50am-8:30am		4-12	Music Admin	
Basketball training	3pm-4pm			Closed	
Tennis: Friday Red Ball Competition K-	3:15pm-4:15pm	\$90	K-2	Parent Lounge	11
Y2					
Tennis: Fri Orange Ball Competition -	3:15pm-4:15pm	\$90	3-4	Parent Lounge	8
Y3 & 4					
Library Club Friday Y4-6	3:15pm-4:15pm		4-6	Parent Lounge	25

<sup>\*\*\*\*</sup> Please see Chess Club enrolment information on last page of handbook

# **Term 2 Senior School Timetable**

Activity	Time	Cost	Years	Enrol	Max
Day to be confirmed	Tille	Cost	I Cars	EIIIOI	IVIAX
Mock Trial	Lunch		11	Closed	16
Every weekday	Lunch		11	Ciosed	10
Cattle Team: Y7-12	7am-8am	\$235 annually	7-12	Parent Lounge	60
Monday	7 am-oam	ψ200 arritually	1-12	r arent Lounge	100
Rowing	6am-8am	\$110 p/term	7-12	Email	
<u> </u>		· ·		<u> </u>	15
Strength & Conditioning Y7-12	7:15am-8:15am	\$15 p/session	7-12	Parent Lounge	15
Music: HVGS Choir (7-12)	7:50am-8:30am		7-12	Music Admin	1
Music: Jazz Train	7:50am-8:50am		5-7	Music Admin	1
Music: Guitar Ensemble	12:30pm-1pm		7-12	Music Admin	
Drama Y7&8	Lunchtime		7-8	Parent Lounge	
Music: Show Band	3:00pm-4:30pm		7-12	Music Admin	
Strength & Conditioning Y7-12	3:10pm-4:10pm	\$15 p/session	7-12	Parent Lounge	15
Tennis: Senior School Comp Y7-12	3:15pm-4:15pm	\$70	7-12	Parent Lounge	11
Library Club Monday Y7-12	3:15pm-4:15pm		7-12	Parent Lounge	25
Netball Training – Intermediate + Cadets	4pm-5pm			Closed	
Rowing	3pm-5:30pm	\$110 p/term	7-12	<u>Email</u>	
Academic Plus Tutoring: Drama Y11 + Y12	3:15pm-4:30pm		12	Parent Lounge	15
Tuesday					
Strength & Conditioning Y7-12	7:15am-8:15am	\$15 p/session	7-12	Parent Lounge	15
Academic Plus Tutoring: Business Studies Y12	7:30am-8:30am	·	12	Parent Lounge	15
Music: Marstringbo String Ensemble	7:50am-8:30am		5-8	Music Admin	1.0
Music: Symphonic Wind Ensemble	3pm-4:30pm		7-12	Music Admin	+
Music: Symphony Orchestra	3pm-4:30pm (Sel	ective	5-6	Music Admin	<del>                                     </del>
	Tuesdays)				
Music: Senior String Ensemble	3pm-4:30pm		5-12	Music Admin	1
Strength & Conditioning Y7-12	3:10pm-4:10pm	\$15 p/session	7-12	Parent Lounge	
Library Club Tuesday Y7-12	3:15pm-4:15pm		7-12	Parent Lounge	25
Academic Plus Tutoring: English Y7&8	3:15pm-4:30pm		7-8	Parent Lounge	15
Academic Plus Tutoring: Maths Y9	3:15pm-4:30pm		9	Parent Lounge	15
Academic Plus Tutoring: Maths Y10	3:15pm-4:30pm		10	Parent Lounge	15
Academic Plus Tutoring: Advanced Maths Y11	3:15pm-4:30pm		11	Parent Lounge	15
Academic Plus Tutoring: Standard Maths Y11	3:15pm-4:30pm		11	Parent Lounge	15
Academic Plus Tutoring: Agriculture Y11-12	3:15pm-4:30pm		11-12	Parent Lounge	15
Academic Plus Tutoring: Advanced Maths Y12	3:15pm-4:30pm		12	Parent Lounge	15
Academic Plus Tutoring: Standard Maths Y12	3:15pm-4:30pm		12	Parent Lounge	15
Aerobics: Representation Squad	4:15pm-5:15pm	\$660	7-12	Selection	
Rowing	3pm-5:30pm	\$110 p/term	7-12	<u>Email</u>	
Wednesday					
Rowing	6am-8am	\$110 p/term	7-12	Email	
Strength & Conditioning Y7-12	7:15am-8:15am	\$15	7-12	Parent Lounge	15
Strength & Conditioning 17-12	7.13411-0.13411	p/session		r arent Lounge	13
Music: Jazz Express	7:50am-8:50am		8-12	Music Admin	
Strength & Conditioning Y7-12	3:10pm-4:10pm	\$15 p/session	7-12	Parent Lounge	15
Tennis: Wed Senior School Coaching Y7-12	3:15pm-4pm	\$90	7-12	Parent Lounge	19
Library Club Wednesday Y7-12	3:15pm-4:15pm	7	7-12	Parent Lounge	25
Volleyball Y7-12	3:15pm-4:30pm		7-12	Parent Lounge	40
Academic Plus Tutoring: Maths Y7-8	3:15pm-4:30pm		7-8	Parent Lounge	15
Academic Plus Tutoring: Wattis 17-0	3:15pm-4:30pm		11	Parent Lounge	15
Academic Flus Tutoling. Chemistry 111	J. 13piii-4.30piii		11	raiciil Louilye	LIO

Wednesday Continued					
Academic Plus Tutoring: Physics Y11	3:15pm-4:30pm		11	Parent Lounge	15
Academic Plus Tutoring: Biology Y11	3:15pm-4:30pm		11	Parent Lounge	15
Academic Plus Tutoring: Biology Y12	3:15pm-4:30pm		12	Parent Lounge	15
Academic Plus Tutoring: Legal Studies Y12	7:30am-8:30am		12	Parent Lounge	15
Academic Plus Tutoring: Chemistry Y12	3:15pm-4:30pm		12	Parent Lounge	15
Rowing	3pm-5:30pm	\$110 p/term	7-12	Email	
Tennis: Wednesday Senior Dev' Y7-12	4:15pm-5:15pm	\$100/term	7-12	Invitation	
Thursday	<u> </u>	<u> </u>			
Rugby: Boys - First XV	7:15am-8:15am			Invitation	
Strength & Conditioning Y7-12	7:15am-8:15am	\$15 p/session	7-12	Parent Lounge	15
Theatre Sport: Y7-12	Lunch		7-12	Parent Lounge	16
Drama - Costume & Prop Committee Y 9-12	Lunch		7-12	Closed	16
Football (soccer) Training – U13	3:15pm-4:15pm			Closed	
Strength & Conditioning Y7-12	3:10pm-4:10pm	\$15 p/session	7-12	Parent Lounge	15
Academic Plus Tutoring: Study Skills &	3:15pm-4:30pm	, , , , , , , , , , , , , , , , , , , ,	7-8	Parent Lounge	15
Organisation Y7-8					
Academic Plus Tutoring: English Y9-10	3:15pm-4:30pm		9-10	Parent Lounge	15
Drama - Library Clerk Y 9-12	3:15pm-4pm		9-12	Closed	
Library Club Thursday Y7-12	3:15pm-4:15pm		7-12	Parent Lounge	25
Academic Plus Tutoring: Standard English Yr12	3:15pm-4:30pm		12	Parent Lounge	15
Academic Plus Tutoring: Advanced English Y12	3:15pm-4:30pm		12	Parent Lounge	15
Academic Plus Tutoring: Standard English Y11	3:15pm-4:30pm		12	Parent Lounge	15
Academic Plus Tutoring: Advanced English Y11	3:15pm-4:30pm		12	Parent Lounge	15
Academic Plus Tutoring: Software Design Y11-12	3:15pm-4:30pm		11-12	Parent Lounge	15
Academic Plus Tutoring: Physics Y12	3:15pm-4:30pm		12	Parent Lounge	15
Rowing	3pm-5:30pm	\$110 p/term	7-12	Email	
Football (soccer) Training – U16	4pm-5pm			Closed	
Aerobics: Representation Squad – Senior	4:15pm-5:15pm	\$660	7-12	Selection	
Tennis: Thursday Elite Comp Y7-12	4pm-5pm		7-12	Invitation	12
Friday					
Rowing	6am-8am	\$110 p/term	7-12	<u>Email</u>	
Strength & Conditioning Y7-12	7:15am-8:15am	\$15 p/session	7-12	Parent Lounge	15
Academic Plus Tutoring – Language Yr11+12	7:15am-8:15am		11-12	Parent Lounge	
Academic Plus Tutoring – Standard Maths Yr12	7:15am-8:15am		12	Parent Lounge	
Music: Concert Band	7:50am-8:30am		4-12	Music Admin	
Sustainability Group	Lunch		7-12	Parent Lounge	
Gaming Club	Lunch		1	Email	
Music: P-Crush Percussion Ensemble	3:00pm-4:30pm		7-12	Music Admin	
Strength & Conditioning Y7-12	3:10pm-4:10pm	\$15 p/session	7-12	Parent Lounge	15
Tennis: Elite Hitting Squad	3:15pm-4:45pm	\$120/term	† · · · <u>-</u>	Invitation	12
Rowing	3pm-5:30pm	\$110 p/term	7-12	Email	
Saturday					
Rowing	7am-9am	\$110 p/term	7-12	Email	
	i		1	1	



#### **HOMEWORK, LIBRARY & OTHER CLUBS**

#### Academic: Homework Club - Y1-3

Enrol in Parent Lounge

#### New enrolments open for Term 2

Current students must re-enrol

The Y1-3 Homework Club is a space where students can complete their written home learning tasks with support. Supervising teachers will provide assistance; however, it is not a tutoring service. All students in attendance are required to come with adequate homework to complete. Students without homework to complete will be required to attend TeamKids for after-school care at their family's expense. This includes students with sporting commitments for later in the afternoon, such as Tennis coaching.

Parents need to collect students from the pick-up zone at 4:00pm. Any unattended students will be escorted to TeamKids for after-school care.

#### Academic: Library Club - Y4-6 and Y7-12

Enrol in Parent Lounge

#### New enrolments open for Term 2

Current students must re-enrol

A structured, supportive environment where students can independently complete homework or read.

Students from Years 4 - 6 will be collected from the COA and brought to the Weeks Library. Parents need to collect students from the pick-up zone at 4:15pm. Any unattended students will be escorted to TeamKids for after-school care

#### **Mock Trial Y11**

No new enrolments for Term 2

Students compete against other schools in a mock case performed in a court room. Students take on the roles of witnesses, court officials, solicitors and barristers. Mock trials are completed at various courtrooms around the region and may be within or outside school hours.

# **Tournament of Minds (TOM) Junior & Senior** By invitation.

Tournament of Minds (TOM) is an international educational program developed for creative students. It provides a dynamic approach to learning, whilst developing students' enthusiasm for experimentation, problem-finding and problem-solving.

Students are formed into groups and undertake one of the four discipline groups: STEM; The Arts; Language Literature; and Social Sciences.

Team members work together for six weeks - without assistance from teachers, parents or peers - to develop a creative way to communicate their solution to a panel of judges and an audience, working within pre-determined parameters, complex criteria and the deadline of Tournament Day.

The teams must also participate in an unseen Spontaneous Challenge on the day.

#### **Academic Plus Tutoring**

**Enrol in Parent Lounge** 

#### New enrolments open for Term 2

Current students must re-enrol

Tutoring is available to students from specialist teachers to promote deeper understanding and time for practicing skills. Students receive help in preparing for tasks and developing skills in interpreting and answering examination-style questions. Time is also allocated to supporting and clarifying concepts that have caused difficulty in class.

All tutoring does not run in the first or last weeks of term; Tutoring does not run after major sports carnivals (Swimming, Cross Country and Athletics) or on Parent/Teacher Evenings.

Tutoring sessions offered includes;

- **Year 12** Drama, Advanced Maths, Standard Maths, Biology, Agriculture, Chemistry, Legal Studies, Software Design, PDHPE, Business Studies, English, Physics
- **Year 11** Advanced Maths, Standard Maths, Biology, Chemistry, Software Design (combined with Y12), English, Physics.
- Year 9 and 10 Maths and English.
- Year 7 and 8 Mathematics and Study Skills and Organisation.

#### Academic - By Invitation

HVGS is committed to providing the best academic opportunities for their students. Throughout the course of the year some students may receive invitations to be involved in co-curricular Academic Services that either support or extend the child. These activities include but are not limited to:

- Senior Study Skills Y11-12
- Academic Study Support Y9-10
- Essential Skills Y7-8
- Future Problem Solvers
- Maths Explorer K-2
- Maths Games 3-4
- Maths Olympiad 5-6



#### **DRAMA & THEATRE**

#### **Drama Club Years 1-3**

**Enrol in Parent Lounge** 

#### New enrolments open for Term 2

Students can only enrol in one term per year

These sessions include fun, age appropriate, skill-based dramatic activities that encourage confidence and creativity in a safe, supporting and informal setting.

Co-operation and social engagement will be a large focus to build confidence, concentration and communication skills.

Students can only participate in a maximum of 1 term within the year.

#### **Drama Club Years 4-6 Theatre Games**

Enrol in Parent Lounge

#### New enrolments open for Term 2

Students can only enrol in one term per year

These sessions include fun, age appropriate, skill-based dramatic activities that encourage confidence and creativity in a safe, supporting and informal setting.

Co-operation and social engagement will be a large focus to build confidence, concentration and communication skills.

Students can only participate in a maximum of 1 term within the year.

#### **Drama Club Years 7-8**

Enrol in Parent Lounge

#### New enrolments open for Term 2

Current students must re-enrol

A fun, engaging environment for students to learn and develop their skills in improvisation, acting and scene work.

#### **Theatre Sports Years 7-12**

**Enrol in Parent Lounge** 

#### New enrolments open for Term 2

Students will learn the skills of improvisation and learn how to play a series of games for competition. The games are played in teams of four and are loads of fun!

#### **Drama – Costume and Prop Committee**

Enrolments closed

Students will organise and develop props and costumes to support the Drama department's creative activities. Inquiries should be directed to Head of Drama.

#### **CREATIVE ARTS**

#### Youth Art Program Y2-6

**External Enrolment** 

#### New enrolments open for Term 2

We specialize in fun, colorful and creative art classes. Each class each child will be given the opportunity to create three artworks using different mediums each term or to work on a harder piece.

The theme for this term is water colour and mark making.

#### Sensory Art – ELC – Y3

External Enrolment – Monday
External Enrolment - Wednesday

New enrolments open for Term 2

In this session students will be supported by Nature and Nurture staff only.

ELC parents must sign additional permission (available by contacting the ELC) to allow staff to transfer children from the ELC to this activity.

Parents are required to collect their child at the end of the session.

Sensory art for the 3-9-year-old child is about encouraging their imagination and nurturing their creativity. Sensory Art class for HVGS Students involves activities that kids can squish, squelch, spin, splash, and squeeze, children absolutely delight in exploring their world through their senses. Sensory play is a play that stimulates any of a child's senses – has an important role in a child's health and development.

The theme for this term is Great Animals of the World.

For more information visit the website Nature and Nurture NSW.

#### **MUSIC**

Music ensembles and choirs do not require re-enrolment each term.

#### Music - Brass Ensemble

By Invitation - enquiry via email reids@hvgs.nsw.edu.au

Specifically for Trumpet, French Horn, Trombone and Tuba players to heighten their roles in a small setting. Encourages ownership of parts and develops technique, endurance and listening skills in a supportive environment.

#### Music – Choir K-2, Choir Y3-6, HVGS Chorus Y7-12

Enquiry via email reids@hvgs.nsw.edu.au

Our Choirs are inclusive of all students in their respective years. No enrolment required, students are added to the roll upon their first attendance.

#### Music - Concert Band

Enquiry via email reids@hvgs.nsw.edu.au

Concert Band is designed to introduce students playing band instruments to a greater range of music and nurture the concepts of ensemble playing. For beginner to intermediate wind, brass, and percussion students.

#### Music - Le Petit Toot

Enquiry via email reids@hvgs.nsw.edu.au

The initial introduction for students relatively new to their band instrument (wind, brass, and percussion), to the concepts of ensemble playing. Learning to listen and work together.

#### Music – Guitar Ensemble & Rock Bands

Enquiry via email reids@hvgs.nsw.edu.au

#### Music – Jazz Train

By Invitation - enquiry via email reids@hvgs.nsw.edu.au

#### Music – Marstringbo String Ensemble

Enquiry via email reids@hvgs.nsw.edu.au

Marstringbo is designed to further develop string students aural, music reading and instrumental facility within an ensemble environment.

#### Music - P-Crush Percussion Ensemble

By Invitation - enquiry via email reids@hvgs.nsw.edu.au

Further develop percussion ensemble skills and present group performance opportunities for Advanced Percussion and Piano Students, that have a minimum of three years' experience.

#### Music – Senior String Ensemble

Enquiry via email reids@hvgs.nsw.edu.au

Senior Strings will enhance intricate string playing techniques and musicality whilst further driving a passion for playing in string ensembles potentially joining the HVGS Symphony Orchestra.

#### **Music – Show Band**

By Invitation - enquiry via email reids@hvgs.nsw.edu.au

Show Band is ultimately designed to support the classroom music and focus on student self-direction and performance skills in a band setting.

#### **Music – Jazz Express**

By Invitation - enquiry via email reids@hvgs.nsw.edu.au

Students extend their knowledge and develop skills in learning and playing Jazz Music. Focussing on repertoire from 1920s-1940s Big Band Swing era, Latin American styles and more recent genres including Funk. Students learn to interpret familiar and unfamiliar pieces from other cultures.

#### **Music – Stringendo String Ensemble**

Enquiry via email reids@hvgs.nsw.edu.au

Learning important beginner techniques and skills to carry forwards into other ensembles such as how to follow a conductor and how to listen and play different parts in harmony.

#### **Music – Symphonic Wind Ensemble**

Enquiry via email reids@hvqs.nsw.edu.au

The Ensemble expands wind, brass and percussion students experience of musical styles whilst developing the concepts of ensemble playing, listening, and working together to extend musical interpretation and understanding. Nurturing confidence in both ensemble and independent roles.

#### Music - Symphony Orchestra

By Invitation - enquiry via email reids@hvgs.nsw.edu.au

Extends and challenges invited string, wind, brass & percussion students in a highly engaging and supportive setting. Students explore musical masterpieces from a wide range of 'classical' and 'popular' styles. Featuring an annual performance highlight "HVGS Symphony Orchestra Concert".

#### Music - UPBEAT

By Invitation - enquiry via email <a href="mailto:reids@hvgs.nsw.edu.au">reids@hvgs.nsw.edu.au</a> UPBEAT develops ensemble skills and presents group performance opportunities for intermediate Percussion and Piano Students.



#### **Aerobics – Representative Squad Years 1-12**

Current students continue enrolment

Students selected and involved in this program will gain valuable skills and experiences in aerobics that develop agility, coordination, fitness, and self-confidence. Students will learn a short aerobics routine choreographed to music and be judged in external local, state, and national competitions on synchronisation, technical, artistic and showmanship categories. Training will involve strength, flexibility and learning a routine methodically. Selection is determined after participation in the Aerobics trials held at the end of the previous year. Students are expected to commit to two training days per week - Tuesday and Thursday, as well as the competition events.

#### Aerobics – Development Academy Years K-12

Current students continue enrolment

This program occurs in term 4 and is designed for those students who are just beginning aerobics or who have limited competition experience. Further information about this opportunity will be issued during Semester 2.

#### **Basketball**

#### **Basketball: Maitland Basketball Club Competition**

Enrolment closed - current students continue enrolment

HVGS Basketball is for students wishing to participate in the Maitland Basketball Competition. Training occurs Friday afternoons with games held across various evenings during the week. The competition runs Terms 2 and 3 and are held at the Maitland Basketball Stadium.

Registration: Players who registered with HVGS in term 1 have had team information shared to Maitland Basketball. Shortly Maitland Basketball will contact families regarding their own competition registration processes. Competition games will begin in the first week of Term 2. Further information will be issued directly to families in the coming weeks.

#### **Equestrian**

Expressions of Interest open.

If your child/children would like to be involved in, or continued to be involved in, Interschool Equestrian events, please submit an expression of interest. The Equestrian Handbook can be found on the Parent Lounge (School Links>Subscriptions>Resources)

#### Football: Hunter Valley Football Association Competition

Enrolment closed - current students continue enrolment

HVGS is a registered club in the Hunter Valley Football Association. Football is open to all age groups from K-12 and is reliant on enough numbers to form a team for that age group. Weekday trainings are set by availability of coaches. Games are held on Saturday mornings at either HVGS grounds or within the Hunter valley.

#### **Netball K-6: Maitland Club competition**

Enrolment closed - current students continue enrolment

HVGS Saturday Netball teams are involved in the Maitland Netball Association competition.

Years 10 - 12 can coach primary aged teams as part of their service portfolio.

Years 7 - 12 can nominate themselves to umpire Saturday games with compensation available. Students and parents will be required to assist with a variety of duties from coaching and managing teams, canteen duties, umpiring.

#### Rowing

Enquiry via email to Rowan Hislop — hislop@hvgs.nsw.edu.au

Rowers can supplement their off-season training and maintain their progress with a range of training sessions during term 2. This is available for current rowers only and incurs a fee of \$110 for the term. New 'learn-to-row' students will have the opportunity to join in term 3.

If you wish to row during term 2, please contact Rowan Hislop directly <a href="mailto:hislopr@hvgs.nsw.edu.au">hislopr@hvgs.nsw.edu.au</a>

#### Rugby

Enrolment closed - current students continue enrolment

HVGS has representative rugby teams for boys and girls. These representative events are held at various times throughout the year. Trials and sign-ups will be communicated closer to the event.

**Years 4 and 6** play in the Digby Rayward Shield - a gala day style competition featuring local schools.

**Our 7/8 and 9/10** teams play in NSW Rugby Competitions, in 7s and 15 aside, HISSA comps, HVGS festival days and Hunter Rugby Union events.

**1st XV** play in an annual home and away challenge against Farrer Agricultural High School. It's mandatory for all players to wear mouthguards.

Head gear is optional for Years 7-12 and compulsory for Years 5- 6. Parent permission required for all players.

Players can seek further representation through the CIS Primary Rugby Squad, AICES for U16s and U18s. The 1st XV plays in several Rugby challenge competitions throughout Terms 2 and 3.

#### Running Club - Y3-6

**Enrol in Parent Lounge** 

New enrolments open for Term 2

Current students must re-enrol

Students joining Running Club should be capable of 3 km of continuous jogging and interested to improve their pace and technique.

#### **Tennis**

Enrol in Parent Lounge

#### New enrolments open for Term 2

Current students must re-enrol

HVGS offers a range of programs including coaching, competition, advanced and development squads to cater for students of all ages and experience. Programs run each day of the week across Terms 1-4. Re-enrolment is required each term.

#### Cost:

- Advanced and development squads are by invitation only and is \$100-\$120 per term.
- Students may register for group coaching via the Parent Lounge and is \$90-\$100 per term depending on the number of weeks.

#### **Strength and Conditioning Y7-12**

Enrol in Parent Lounge

#### New enrolments open for Term 2

Current students must re-enrol

Strength and Conditioning sessions are held in the gym each morning and afternoon. Individualised programming to complement sport, physical activity, injuries, and overall wellbeing. It is suited to all experience and fitness levels. Termly injury screening and reporting is also completed. Cost is \$15/session, and a full-term commitment is required.

#### Volleyball Y7-12

Enrolment closed - current students continue enrolment

HVGS enters teams into the State NSW Volleyball Schools Cup and HRIS Invitational Events. The draw is released in Term 1 for the whole year. This activity runs Terms 1-3.



#### JUNIOR SCHOOL CLUBS & ACTIVITIES

#### Bloxels Club: Digital Game Design Y3-6

No new enrolments - current students stay enrolled

Students will use creative and digital skills to design an online video game. They will progress at an individualised pace, creating one or more games to publish in a safe class forum. The club caters for beginners through to experts and encourages skills of problem-solving, ICT and critical thinking. New enrolments will be taken in term 3.

#### Chess Club External Provider K-2 & Y3-6

**External Enrolment** 

New enrolments open for Term 2

Two groups are offered; years K-2 players and years 3-6 players: Students will be supported by a professional coach from Sydney Chess Academy. There is a cost to families, and they should expect to receive communications directly from Sydney Chess Academy.

Please find information regarding external enrolment process on the final page of the handbook.

#### Code Club Y4-6

**Enrol in Parent Lounge** 

New enrolments open for Term 2

Current students must re-enrol

Students learn to Code using the SCRATCH platform where students work through modules at their own individual level and pace. Caters to the beginner right through to the very experienced. Laptops supplied in the computer lab. There is no cost. Students required to re-enol each term.

#### **Debating Junior: Y5-6**

No new enrolments - current students stay enrolled

Debating is open to Years 5 and 6 students, subject to a successful tryout and email invitation. The debating group will focus on presentation, debating skills and inhouse competitions. Weekly attendance expected and home learning commitment expected to prepare for debates.

#### **Knitting Club Y3-6**

Enrol in Parent Lounge

#### New enrolments open for Term 2

Current students must re-enrol

Students in Years 3-6 who are new to knitting can learn to knit, crochet or French knit in the quiet space of the Weeks Library.

#### STEAM Club Y1-6

Enrol in Parent Lounge

#### New enrolments open for Term 2

Students can only enrol in one term per year

Students will explore Science, Technology, Engineering, Arts and Mathematics through handson experiences and problem-solving activities.

#### Scratch Jr Club: Year 1

Enrol in Parent Lounge

#### New enrolments open for Term 2

Students Y1 learn introductory programming language for young students through Scratch Jr. Students work at an individualised pace through a sequence of projects to encourage creativity and expression. The language of coding is accessible to everyone and helps young learners organise their thinking and express ideas. Students will learn to think sequentially, explore cause and effect, and develop design and problem-solving skills.

#### **Young Engineers Y1-6 Monday**

**External Registration** 

New enrolments open for Term 2

At Young Engineers students build and program motorised LEGO® models. These models are working prototypes of real-world machines. Different levels of the program cater to a range of ages and abilities.

Young Engineers is an external co-curricular provider and attracts a cost.

#### Young Engineers: Build-up Engineering classes Kindergarten Monday

**External Registration** 

New enrolments open for Term 2

At Young Engineers Build-up Engineering classes follow the learn-protype-experiment-imagine format. Children build a lego model linked to the concept under investigation. Young Engineers is an external co-curricular provider and attracts a cost.

#### **Wetlands Group Y1-6**

Enrol in Parent Lounge

New enrolments open for Term 2

Students will tend to the Wetland gardens – planting, pruning, composting, harvesting and weeding.

#### SENIOR SCHOOL CLUBS & ACTIVITIES

#### Cattle Team Y7-12

**Enrol in Parent Lounge** 

#### New enrolments open for Term 2

Current students do not need to re-enrol

The Cattle Team involves various activities. Daily activities include cattle feeding, parading and judging practice, general animal husbandry and welfare. Bonding with the show animals is vital and allows for significant development in both the student and the animal as a team.

Note: Shows may be overnight and will require parental consent and involvement.

#### Chess Club - Interschool Y7-12

Enrolment closed – current students remained enrolled

#### Gaming Y7-12

New enrolments open for Term 2 enrol via email to Mr Kent Burgin

Gaming @ HVGS has an ethos to create a supportive and fun environment where students with an interest in gaming can meet, establish new connections with like-minded students and share their enthusiasm and passion for the medium over a few friendly rounds on the Nintendo Switch.

#### **Sustainability Group – Y7-12**

Enrol in Parent Lounge

#### New enrolments open for Term 2

Current students do not need to re-enrol

Students will be given the opportunity to explore and promote an environmental cause within and external to the school.

# Why Chess?

- Create Brighter Thinkers
- Improve Student Focus
- Achieve Academic Success





#### **Educational Benefits:**

- · Improves concentration and focus
- Develops logical thinking and problem solving skills
- Enhances memory
- Encourages creative and lateral thinking
- Promotes discipline
- Accelerates emotional development
- Expands visualisation and spatial awareness
- Demonstrates actions and consequences
- Rewards correct decision making
- · Increases self-confidence
- Provides opportunities to make new friends from diverse backgrounds

### Hunter Valley Grammar School Chess Classes, 2024

Years K-2: Wednesdays 10:40AM - 11:40AM in the Library Years 3-6: Wednesdays 3:00PM - 4:00PM in Library room L3

Term 1	Cost: \$148.50	14th Feb - 10th Apr
Term 2	Cost: \$148.50	1st May - 26th Jun
Term 3	Cost: \$165	24th Jul - 25th Sep
Term 4	Cost: \$132	16th Oct - 4th Dec

To enrol please pay online with your credit card at www.sydneyacademyofchess.com.au/payment

Enter one of the codes: **YJPJRZKATG** for Years K-2 or **35R6R5YKH9** for Years 3-6 and fill in the electronic form, with your child's details.

\*There are no credits or refunds for missed classes, clashing activities, sickness, school excursions, staff development days, teacher strikes or change of mind. Any missed classes can be made up at one of our online chess classes. Please visit https://sydneyacademyofchess.com.au/online for more information.

Payment must be made the day before attending the first lesson of the commencing term. The participant will not be allowed to join the class until payment has been received. Joining midway through the term is welcome.

Use the payment code above and follow the online instructions.

OPTIONAL EXTRAS (prices exclude delivery)  To enhance your child's learning experience these items are available for purchase online at the time of enrolment					
Workbook 1 – Cost: \$25 [For Beginner/Rookie Players]  Workbook 2 – Cost: \$25 [For Intermediate Players]  Workbook 1 & 2 – Cost: \$40 [SPECIAL OFFER]					
Exploration in Chess Beauty – Cost: \$33	Chess Set & Roll-up Board – Cost: \$2	25 Chess Clock DGT1002 Bonus – Cost: \$55			

Pay for four terms in advance and receive a free chess set or workbook 2. Offer expires 31st March, 2024.



Sydney Academy of Chess Pty Ltd ABN: 14 139 982 004

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